

Care. Farm. Run!

1 woman. 12 marathons. 12 months.



Meet Jude Allen.

Jude is the founder of 'SweetTree Farming For All', a London and Hertfordshire care farming service.

From April 2015 - April 2016 she will run 12 marathons in 12 months to raise funds for care farming projects.

Care farming connects vulnerable people experiencing social and educational exclusion with planting, gardening, animals, friends, and new skills.

Business and individual sponsors are invited to participate.

YOU CAN:

- Make a corporate **donation**.
- **Sponsor** Jude with running gear.
- Lend your nutrition, physiotherapy, or fitness **advice**.
- **Spread** the word in your workplace.

www.sweettreefarmingforall.org.uk



SWEETTREE
Farming for All





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What is care farming?

What we deliver

SweetTree Farming For All provides activities and training at allotment, farm, outdoor and educational sites for adults and young people.

Who we support

We work with people who have a variety of care and support needs, including; learning disabilities, mental health issues, dementia, physical disabilities, offending histories, educational exclusion and alcohol/substance dependencies.

Donate or Sponsor

Gold, silver and bronze sponsorship packages are available. Rewards include:

- Team-building farming, bushcraft and falconry experiences.
- Your business name and logo on promotional collateral.
- Promotion and celebration through media coverage and platforms.

How you can help

The 12M12M project (12 marathons in 12 months) hopes to raise at least £12,000 for SweetTree Farming For All. These funds will mean more people in the Hertfordshire and London areas can access the benefits of care farming.

Donate or contact us at
www.sweettreefarmingforall.org.uk

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Cultivating Confidence

